

# Program 4D/3N in Runa Wasi



## *Day 1*

- Welcoming and information at the RICANCIE office in Tena.
- Departure by car to Puerto Barrantilla (1 hour).
- Ride by motorised canoe until the lodge.
- Short walk around the lodge.
- Lunch
- Hike through the primary forest, where you will learn about medicinal plants, until arriving at the natural viewpoint on the Anaconda island.
- Dinner

## *Day 2*

- Breakfast
- Visit to family houses and crops. Learning and practices of traditional agricultura techniques.
- Preparation of the chicha, Kichwa traditional drink.
- Lunch
- Visit of the animal rescue center "el Amazónico".
- Dinner

## *Day 3*

- Breakfast
- Visit of the child development center.
- Return to the lodge by tubing on the Arajuno river.

- Lunch
- Traditional sport with the blow pipe.
- Crafts making with rainforest material.
- Dinner

#### *Day 4*

- Breakfast
- Making of traditional traps and learning about survival techniques in the forest.
- Lunch
- Ride by traditional canoe, swim in the Napo river.
- Departure to Tena.
- Evaluation of the tour in RICANCIE office and goodbye.

