## Program 4D/3N in Machakuyaku



## Day 1

- Welcoming and information at the RICANCIE office in Tena.
- Departure by car until the lodge
- Arrival, welcoming and allocation of the rooms.
- Walk around the community and the medicinal plants garden.
- Lunch
- Traditional or favorite sport with the community children.
- Crafts making with rainforest material.
- Swim in the Machakuyaku natural pool, which has healing power for skin illnesses.
- Dinner

## Day 2

- Guayusa ceremony
- Breakfast
- Hike through the secondary forest, where you will see the area's crops, until the Duende cave, where you will learn tales and legends.
- Lunch
- Visit to a family agricultura field, harvesting of the manioc and preparation of the chicha, a Kichwa traditional drink, while listening to the community tales and legends.
- Dinner

## Day 3

- Breakfast
- Hike through the primary and secondary forest, until Hollín, where you will do sports fishing and observe night owls.
- Lunch in the rainforest
- Return to the lodge, where you will learn survival techniques in the forest and traditional traps.
- Dinner
- Farewell cultural program, with traditional dance and music.



- Breakfast
- Hike to the Latas waterfall, where you will be able to swim.
- Departure for Puerto Misahuallí, where you will watch monkeys
- Lunch in Misahuallí
- Departure to the animal rescue center KAMAK MAKI by tubing or motorised canoe.
- Departure from Misahuallí until Tena.
- Evaluation of the tour in RICANCIE office.

